

NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

RECEIVED
3/31/99

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® B Complex 50 Product #10122** bearing the statements set out below:

Weider Nutrition International, Inc.
2002 South 5070 West
Salt Lake City, Utah 84104

The text of each structure-function claim for **B1, B2, Niacinamide, B6, Folate, B12, Biotin, Pantothenic Acid & PABA** is as follows:

(Statement 1)

B-Complex vitamins are required for many reactions in the body, especially breakdown of foods into energy. Maintenance of health of all body tissues relies on adequate B Complex vitamin status.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 24th day of March, 199 9.

WEIDER NUTRITION INTERNATIONAL, INC.

BY: _____

LS R. Bucci

DR. LUKE R. BUCCI
Vice President of Research